



## **MANDATORY EQUIPMENT LIST**

### **PLAYERS:**

1. CSA Approved Hockey Helmet  
(CSA Approved, full Face, Hockey Mask/Cage, including suitable protection for Goalies where applicable)
2. Elbow Pads
3. Hockey Gloves
4. Hockey Pants (can be substituted by protection provided by sledge bucket)
5. Hockey Sledge
6. Hockey Socks (or suitable pants)
7. Hockey Sticks
8. Jersey
9. Jock or Jill (Mandatory for Goalies; Recommended / depending on sledge configuration)
10. Mouth Guard (Optional)
11. Neck Guard
12. Protective shoes / boots (Recommended)
13. Shin Pads
14. Shoulder Pads (including Chest Guard suitable for position played)

### **ON-ICE COACHES & HELPERS (PARENTS):**

1. CSA Approved Hockey Helmet  
(Bicycle helmets ONLY permitted to assist players set up in sledge)
2. Hockey Skates, Gloves, Stick (s) (Optional)
3. Other protective equipment suitable to on-ice activities (elbow pads)
4. Same as players if involved in sledge skirmish / game

**ON-ICE COACHES, HELPERS and PLAYERS MUST  
HAVE ALL THE EQUIPMENT BEFORE STEPPING ON THE ICE –  
EVENT TO ASSIST PLAYERS GETTING ON SLEDGE.**

Effective: November 25, 2007